



Linda's T'ai Chi Weekly Handout December 10, 2022

Beyond the Blue



The Blue Marble photograph NASA

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1972, Christmas Eve, humanity was given a gift. It was a portrait of the Earth as a vivid globe. It became known as the “Blue Marble” and is one of the most reproduced images in history. The image was taken on December 7, 1972 from a distance of around 29,000 kilometers (18,000 miles) from the planet’s surface. It was taken by the crew of the Apollo 17 spacecraft on its way to the Moon. Photographing the Moon was not part of the mission of the Apollo 17 crew, but they did and we are thankful for that. Crew members Eugene Cernan, Ronald Evans and Harrison Schmitt are all credited with this iconic photograph. At the time, the crew was 28,000 miles from home.

The detailed image of our planet, framed against the black void of space, captured the awe of spaceflight in a single frame. It is certainly a moment of awe 50 years later

One of our qigong postures is “draw down heaven”, a spiritual place that connects us to something greater and grander than we. This photo reminds us that we are part of a whole, we are not the center of the universe but rather, connected to each other through the force of nature.

“Stars in the sky beckoning for all to know that
Somewhere beyond the blue
There is a song that sings for all of us,
Sing me that song of Peace.”

(from “Sing a Song” music and lyrics by Linda Henderson 2020)

One World One Breath.

Linda