



Linda's Tai Chi Community Week of April 27, 2025

World Tai Chi and Qigong Day for 2025: A Day of Calm and Community



*I watched the dawn come,  
Watched the spring dawn come.  
And the red sun shouldered his way up  
Through the grey, through the blue,  
Through the lilac mists.*

*Anglina Weld Grimke (1880-1958)*

With gratitude, I thank all of you who came to World Tai Chi and Qigong Day in person, by ZOOM or in spirit. We had a few observers and I appreciated that. We came together as a community seeking peace, calm, connection and inspiration. I believe there is goodness in the world. We are one people even though demographics may sometimes separate and divide us but at the heart of it, we are “One World...One Breath.”



The Lotus: Perseverance

“Each and every one of you has the power, the will and the capacity to make a difference in the world in which you live.”

(Harry Belafonte, 1927-2023)

Peace and good will to ALL people, Linda